

DATE	THEME	YOU NEED TO HELP YOUR CHILD AT HOME WITH THESE IDEAS:
26-30 July	Get the Message/ Communication	Teach your child how to phone emergency numbers from your phone if they are older. Colour a picture and send it to someone via email. 
2-6 August	WINTER	Talk about what the weather is like in winter. It is cold and dark. We have to dress in warm clothes. Does it rain or is it dry in winter where you live? Snuggle up underneath a blanket and read a book about winter together. Talk about safety with heaters and fires.
10-13 August	Reptiles and Amphibians 	Talk about which animals are reptiles and amphibians, they are generally cold blooded, hatch out of eggs and can live in water. Watch a nature programme or get a book from the library. Go on a nature walk and look out for lizards, chameleons, frogs, tortoises or snakes.
16-20 August	Dinosaurs	Show your child picture books about dinosaurs. They were <i>prehistoric</i> animals but are now <i>extinct</i> . Talk about what they ate. Meat eating dinosaurs were carnivores, while plant eating ones are called herbivores. Those that ate meat and plants are called omnivores. 
23-27 August	Healthy and Sport	Your body is a temple of the Holy Spirit. Eat fresh fruit and vegetables daily to remain healthy. Go for a walk with your child or cycle together. Food like KFC and McDonald's should only be eaten on special occasions. Avoid sugar. Be Fit, Clean and Healthy 
30 August - 3 September	SPRING	Go for a walk and look for the new green leaves beginning to grow on the trees. The spring blossoms are beginning to flower. Look at the birds building nests and the butterflies fluttering around. Plant a flower or vegetable garden.
6-10 September	Creepy Crawlies	Talk about different types of creepy crawlies and how many legs they have (spiders = 8, insects = 6). Go outside and see how many insects, caterpillars and spiders you can find. Discuss how various insects pollinate flowers and can produce honey, wax and silk. Dig in the ground and show your child what earthworms look like. 
13-17 September	Birds 	Close your eyes and listen to the different bird calls. Go for a walk and find out the names of the different birds you see, or visit a bird hide at a botanical garden or nature reserve. Say rhymes like "two little dickie birds".
20 – 23 September	My Country 	Where is your country on a map? Talk about the provinces/states. Who is the president? Sing the national anthem with your child. What are your national flower and animal? Enjoy some traditional food of your country. Eg: South Africa has Biltong, Chakalaka and Amagwinya (vetkoek). Zambia has Nshima (a mealie meal type dish) and Chikanda (African "polony")
27 September - 1 October	Other Countries 	Show your child a world map and talk about the different countries. Visit your local library and take out books about it. Talk about the traditional clothes that people wear, the food that they eat, as well as the languages we speak. There is an image of God in all of us. Cultural diversity is good.

FUN DAYS

linked to our themes

Friday 6th August: Blanket Fort (Tent)

Day. Children will use blankets and chairs to make a blanket fort. Please send a blanket to school.



Friday 27 August: Sports Day. Come and support your child!

Friday 3 September: Picnic Day. Pack a picnic lunch for your child and bring a small blanket to school.



Wednesday 22 September: Braai Day.

Dress your child in traditional clothing. We will be celebrating Heritage Day with a braai at school for lunch.



DATES TO REMEMBER

26 July: Schools Open
1 October: Schools Close

9 August: Public Holiday- Women's Day
11 October: School Opens

24 September: Public Holiday- Heritage Day