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**Class:** Parrot – Green Class

**Teacher:** Carla Perlin

## Imaginative Play

“Over the last 75 years, a number of theorists and researchers have identified the values of such imaginative play as a vital component to the normal development of a child.”

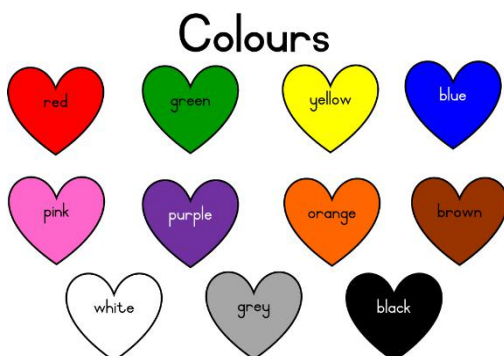
**Activity:** Dress-up

**Suggestion:** Collect all clothing items around the house that your child may use to play dress-up. This can be items such as belts, aprons, towels, scarves, sunglasses or hats. Playing dress-up stimulates your child’s physical development through being active. Gross motor skills include the large movements that your child may adapt in pretending to be a soccer player, dancer or fisherman for instance. Fine motor skills include the act of buttoning up a shirt, tying an apron or doing up a zip. When your child is encouraged and facilitated to engage in role play, we have the ability to nurture their confidence and help them understand the role they imagine.



## Ring Time – Much Repeating

“People often say that practice makes perfect. Research certainly supports this, especially in children. In fact, studies have shown that repetition can be critically important for learning in general.”



**Activity:** Colours

**Suggestion:** Colour Hunting

Pick one colour per day. Collect all items of that colour and hide the items in a room/outside. Allow your child to hunt for all the items of that days colour.

Printable chart provided in link below:

<https://www.dropbox.com/preview/Colour%20Chart.pdf>

**Activity:** Focus letter of the week — e

**Suggestion:**

- Naming of objects around the house that start with the letter e, pronounced as “[ɛ]” for egg.
- Copy the letter e in a shallow bed of sand, sugar or flour as per the picture and have your child copy the shape of the letter using their finger.



The template can be accessed through Dropbox, alternatively I can send the link in the WhatsApp group.

Template:

<https://www.dropbox.com/preview/Focus%20Letter%20e.pdf>

## Skills Time – Educational Games

“Puzzles are effectual educational materials which support children’s cognitive, language, motor, social and emotional developmental areas while fostering their creativity and selfcare skills as well as providing learning during playing with them.”

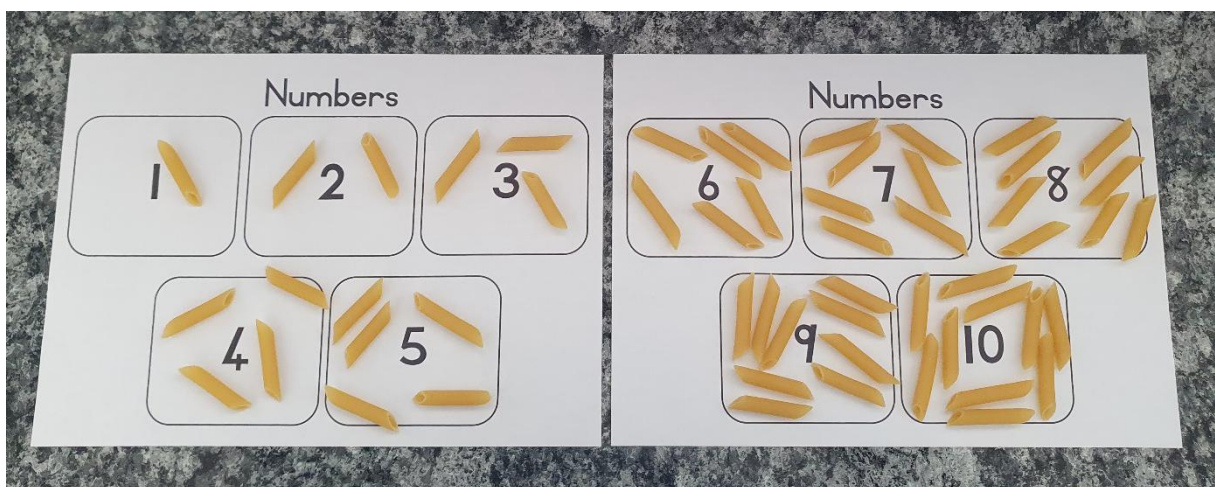
**Online Puzzle:** <https://www.onlinejigsawpuzzles.net>

**Stepping Stone Skill:** Maths and Numeracy: Counting – Recognise Numerals 1-10.

**Activity:** Placing objects on the correct number

**Suggestion:** Collect small objects of the same nature, such as stones, beans or pasta. Let your child count the correct number of objects and place them on the corresponding number. You may print the template or draw your own template.

<https://www.dropbox.com/preview/Numbers%20Template.pdf>



# Gross Motor – Using Your Body

“Research indicates that gross motor skills are a major predictor of a child’s school readiness. In essence they reflect ‘brain skills’...”

**Activity:** Mid-line Crossing – Bean Bags.

**Suggestion:**

Create a simple Bean Bag by using an old sock filled with rice, beans or even sand.

Step 1 – Fill the sock half way with the chosen item: rice, beans or sand.

Step 2 – Tie the top of the sock as tightly as possible pushing the knot down to the beans, rice or sand.

Step 3 – Cut the excess material off above the knot.

Have your child sit on the floor cross-legged, or kneeling and throw a bean bag across the midline to a target.

A **right-handed child** should use the right hand to throw beanbags across the body space to a target on the left side.

A **left-handed child** should use the left hand to throw beanbags to a target on the right side.

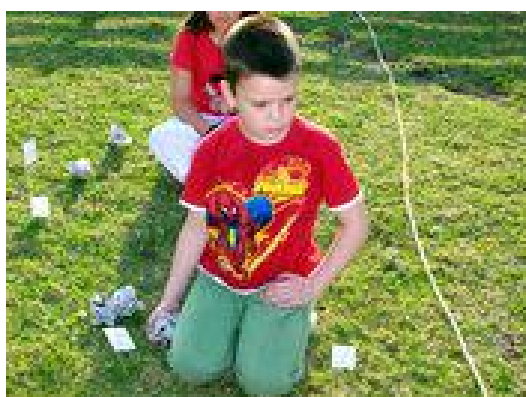
- Easy target ideas: hit a wall, or simply get the bean bag over a line
- Harder target ideas: get the bean bag into a specific target, like a hula hoop or washing basket.



## Crossing the midline...

The midline is the imaginary line running through the middle of a person distinguishing left and right sides of the body.

Crossing the midline is the ability for one part of the body to “crossover” to the other side of the body. This requires good core stability, trunk rotation and body awareness.





# Theme Time – Learning About Our World

The theme this week is Safety.

**Activity:** Science Experiment - Germs

**Suggestion:** Teach children about germs and why washing your hands are important.

Items required: Pepper, water, liquid soap, bowl and cloth.

Step 1 – Pour some water in the bowl. The water will act as the surface of the skin.

Step 2 – Sprinkle some pepper on top of the water. The pepper will act as the “germs”

Step 3 – Place a finger in the bowl of water. See how the pepper “germs” stick to your finger.

Step 4 – Wipe the finger clean with a cloth.

Step 5 – Dip your finger in the liquid soap.

Step 6 – Place your finger in the bowl of water and notice how the pepper “germs” disperses.



Lesson: Washing your hands with soap and water properly, eliminates the spread of germs.

## Road safety



- Stop, look and listen when near roads, cars or within carparks.
- Hold hands at all times near roads, cars and carparks.
- Obey traffic lights and crossings.
- Move slowly – don't run – near carparks, roads and cars.
- Don't ride bikes or other ride-on toys on the road or around the driveway.
- Always wear a seat belt when traveling in a car.

## Fire safety

- Get down low and go, go, go – The “Get down low and go, go, go” response to smoke and fire may be a lifesaver. Run a fire drill at your home.
- Don't play with matches or lighters – Let kids know that these items are out of bounds.



## Stranger safety

- Don't talk to strangers – Find a parent or a trusted adult immediately if someone you don't know approaches you.
- Don't answer the doorbell – Let a parent or the adult in the house know someone is at the gate/door.
- Don't get into a car with someone you don't know – Find a parent or trusted adult immediately instead.

## Good health behaviours

- Cover your mouth when coughing and sneezing with your elbow or a tissue.
- Wash your hands with soap and water for 20 seconds.
- Don't touch the blood of another person who has been injured.



# Art – Learning Through Creativity

“Creative arts not only cultivate children’s imaginations, so that they become more flexible and inventive thinkers, but also help to develop their physical, emotional, and mental capabilities.”

**Activity:** Cover Your Sneeze

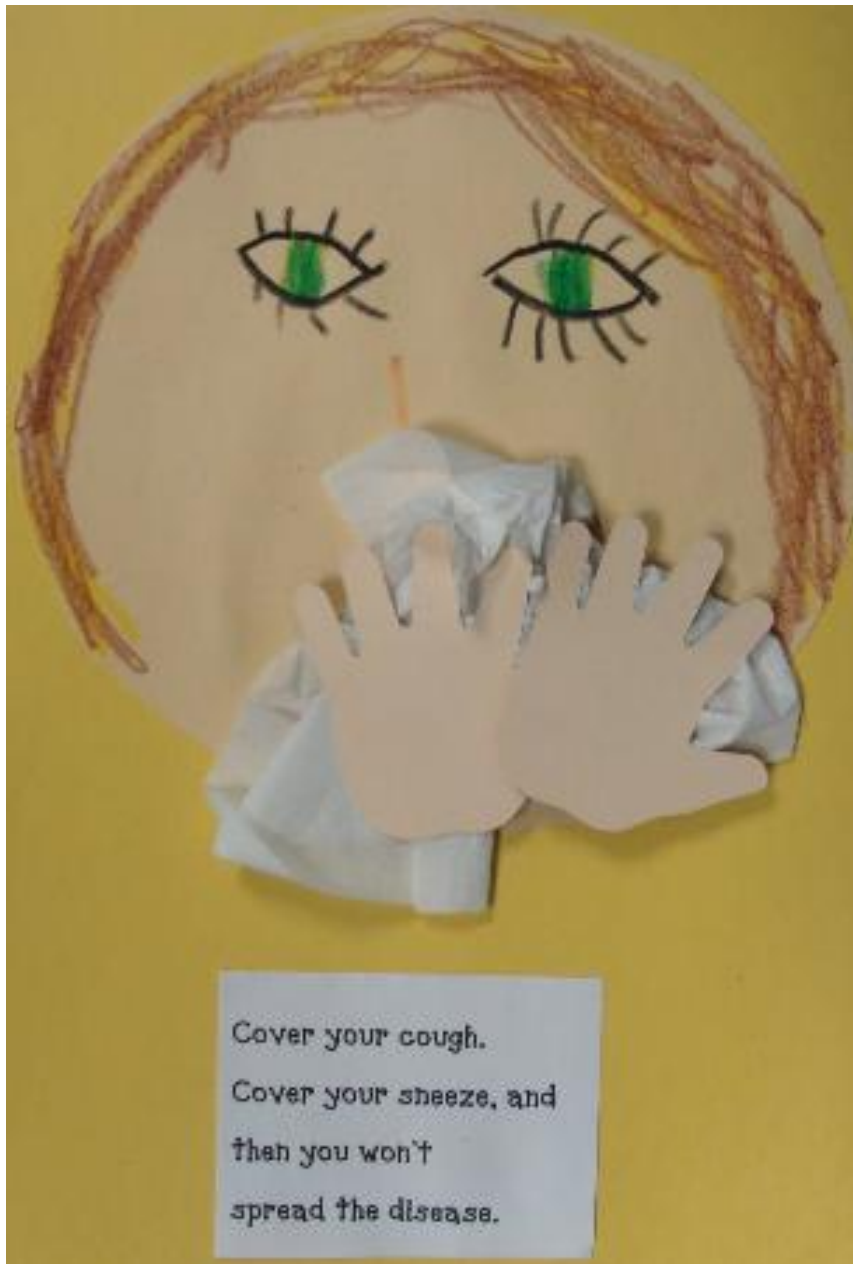
**Suggestion:** Draw a portrait of yourself and cover your mouth with a tissue.  
Items required: Crayons, Paper, Scissors, Glue and a Tissue.

Step 1 – Draw a picture of your face and colour it in.

Step 2 – Trace your hand/s on a separate piece of paper, colour it in and cut it out.

Step 3 – Glue a tissue over the drawing of your mouth and nose.

Step 4 – Glue the cut-out hands to the tissue.



# Story Time – Learning to Love Books

“... storytelling and story reading were found to produce positive gains in oral language. ... young children who heard the stories told demonstrated improved story comprehension in their retelling, while children in the story reading group improved their language complexity”

## Suggested Children’s Books

Matilda’s Story.pdf

<https://www.dropbox.com/preview/Matildas%20story%20book.pdf>

Baby Kitten Makes a Sandwich | Play Safe Song | Nursery Rhymes | Kids Songs | Baby Cartoon | BabyBus.

[https://www.youtube.com/watch?v=GlyeNrp\\_9Qg&feature=youtu.be](https://www.youtube.com/watch?v=GlyeNrp_9Qg&feature=youtu.be)



# Bible Story – Learning to Love God

## Suggested Bible Reading: Daniel 6

Daniel and the Lions. DLTK Bible Stories for children

[http://www.dltk-bible.com/cv/daniel\\_and\\_the\\_lions.htm](http://www.dltk-bible.com/cv/daniel_and_the_lions.htm)

Daniel and the Lions’ Den – A Twin Sisters eBook with Audio

<https://www.youtube.com/watch?v=rHGqxLFmrAc>

# Songs – Learning through Rhythm

## Suggested Children’s Songs

Wash Your Hands with Baby Shark | Baby Shark Hand Wash Challenge | @Baby Shark Official

<https://www.youtube.com/watch?v=L89nN03pBzl&feature=youtu.be>

Red Says STOP | Kids Song |Traffic Safety | Nursery Rhymes | Lyrics | Lights

<https://www.youtube.com/watch?v=Ow1i916uYYU&feature=youtu.be>

