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Date: 11 August 2020

Class: Parrot – Green Class

Teacher: Carla Perlin

Imaginative Play

“Over the last 75 years, a number of theorists and researchers have identified the values of such imaginative play as a vital component to the normal development of a child.”

Activity: Kitchen Equipment

Suggestion: Allow your child to help you in the kitchen and explore their senses when making bread for example. Let your child listen to the mixer, feel the dough by kneading it, watch it rise, smell it baking in the oven and finally taste the bread. By helping in the kitchen, this can develop many skills such as language, fine motor skills, problem solving, creativity, maths skills, following directions, cause and effect and lifelong skills to help them cook when they are adults.

Here are some ideas that your child can help you in the kitchen with:

- Pour dry and liquid ingredients into a bowl
- Rinse fruit and vegetables
- Pick herbs off the stem
- Stir batter in a bowl
- Mash potatoes
- Sprinkle herbs or salt
- Crack an egg
- Whisk eggs
- Spread butter and jam to make a sandwich
- Peel hard boiled eggs
- Squeeze citrus fruit



Ring Time – Much Repeating

“People often say that practice makes perfect. Research certainly supports this, especially in children. In fact, studies have shown that repetition can be critically important for learning in general.”

Activity: Weather

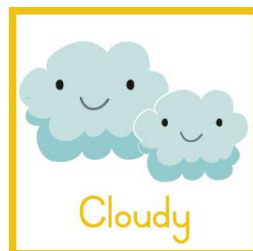
Suggestion: Discuss the different types of weather that we experience in South Africa with your child. Go outside and ask questions such as:

- What is the weather today?
- What was the weather like yesterday?
- What type of weather do you like and why?
- What is a thermometer used for?
- How does the sky look today?
- How does the wind feel today?

You can make a windmill with your child to see how windy it is each day as we are now in August.

Use this link: <https://www.easy-crafts-for-kids.com/paper-windmill.html>

You may use the following pictures as an illustrative guide to promote the correct vocabulary, your child might recognise these from the classroom.



Here is a song to help your child learn the different types of weather:

<https://www.youtube.com/watch?v=Jn7uAsLWXpk>

Activity: Focus letter of the week – q

Suggestion:

- Naming of objects around the house that start with the letter, q, pronounced as “/k/” for **q**ueen.
- Copy the letter q in a shallow bed of sand, sugar or flour as per the picture and have your child copy the shape of the letter using their finger.



The template can be accessed through Dropbox, alternatively I can send the link in the WhatsApp group.

Template: <https://www.dropbox.com/preview/Focus%20letter%20q.pdf>

Skills Time – Educational Games

“Puzzles are effectual educational materials which support children’s cognitive, language, motor, social and emotional developmental areas while fostering their creativity and selfcare skills as well as providing learning during playing with them.”

Online Puzzle: <https://www.onlinejigsawpuzzles.net>

Stepping Stone Skill: Maths and Numeracy – Visual Discrimination

Activity: Sort 2D objects

Suggestion: Using a deck of playing cards, have your child divide them into two stacks, red and black. Your child can then divide them into suits and numbers and even put the numbers in order from lowest to highest.



Gross Motor – Using Your Body

“Research indicates that gross motor skills are a major predictor of a child’s school readiness. They reflect ‘brain skills’...

Activity: Brain Game – Action Songs – Spatial Orientation and Midline Crossing.

Suggestion: Use the songs below and let your child do the actions to them.

<https://www.youtube.com/watch?v=ZanHgPprl-0>

<https://www.youtube.com/watch?v=GkrZBsOlt3k>

https://www.youtube.com/watch?v=NwT5oX_mqS0

<https://www.youtube.com/watch?v=XGIA2bHy13g>



Theme Time – Learning About Our World

The theme this week is Sports

Activity: Discuss Sports and do some sport activities

Suggestion: Discuss the different names of each sport, what clothes and shoes are used for them and why. Talk about the different balls each sport uses. Sports teach children leadership, teamwork, good sportsmanship and gross motor skills.

Play some sports with your child at home and teach them the rules for each sport.

Some sports you could play are soccer running, cycling, tennis, golf, cricket and rugby depending on what items you have at home.



Art – Learning Through Creativity

“Creative arts not only cultivate children’s imaginations, so that they become more flexible and inventive thinkers, but also help to develop their physical, emotional, and mental capabilities.”

Activity: Rugby ball

Suggestion: Make a rugby ball.

Items required: Brown paper or white paper coloured brown, punch, string, newspaper, white crayon and scissors.

Directions:

Step 1 – Cut two rugby ball shapes out of brown paper, make sure they are the same size.

Step 2 – Put the two rugby shaped balls together and punch some holes on the edge, spacing the holes a little apart.

Step 4 – Measure a piece of string so it can go around the rugby ball twice.

Step 5 – Tie the one end of the string to one of the holes on the rugby ball, make sure the string goes through both rugby ball shapes.

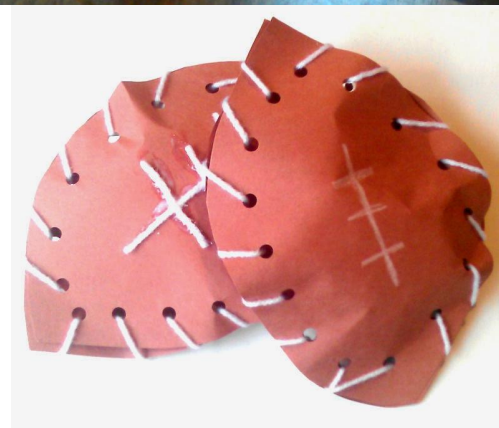
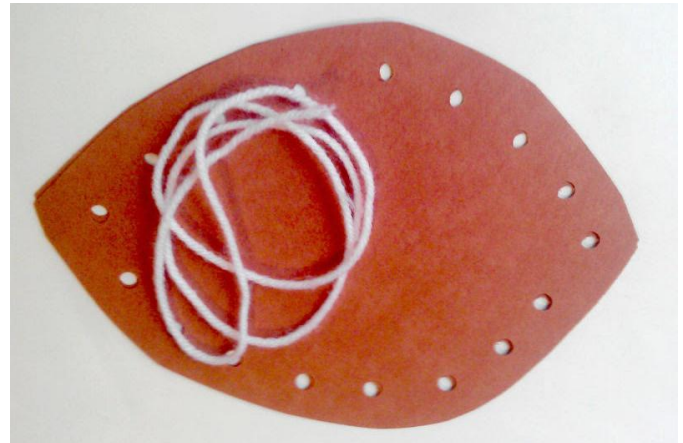
Step 6 – Draw the stitch lines on the rugby ball with a white crayon on both sides.

Step 7 – Thread the string through the holes around the rugby ball.

Step 8 – When there are about 4 holes left, stuff the rugby ball with loosely rolled up newspaper and finish lacing.

Step 9 – Tie the end to secure the rugby ball.

Step 10 – Play a rugby game with the rugby ball.



Story Time – Learning to Love Books

“... storytelling and story reading were found to produce positive gains in oral language. ... young children who heard the stories told demonstrated improved story comprehension in their retelling, while children in the story reading group improved their language complexity”

Suggested Children’s Books

Peppa Pig Story – Sports Day

<https://www.youtube.com/watch?v=K26eJb7Rz80&feature=youtu.be>

Win or Loose

<https://freestoriesforkids.com/children/stories-and-tales/win-or-lose>



Bible Story – Learning to Love God

Suggested Bible Reading: Ephesians 6:11

God’s Story: Armour of God

https://www.youtube.com/watch?v=o7eC-W_XNyw&feature=youtu.be

The Armour of God

https://www.dltk-kids.com/bible/cv/armor_of_god.htm

Songs – Learning through Rhythm

Suggested Children’s Songs

The Sports Song

<https://www.youtube.com/watch?v=4FbD38Ag70Y&feature=youtu.be>

Play Time with Bother and Sister- Sports Song

<https://www.youtube.com/watch?v=JcDcy-QoY2s&feature=youtu.be>

