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**Class:** Parrot – Green Class

**Teacher:** Carla Perlin

## Imaginative Play

“Over the last 75 years, a number of theorists and researchers have identified the values of such imaginative play as a vital component to the normal development of a child.”

**Activity:** Dress up

Dress-up games let your child act out different roles, explore ideas about the real world and develop their imagination. For example, your child might choose to be a pirate stomping around and scaring people, or a doctor giving her teddy a check-up. Dress-up games and pretend play also allow your child to explore and express emotions in a safe way. For example, your child could pretend to be kind like a teacher or brave like a police officer. Items you could use for dress-up are old clothes (especially fun and colourful clothes), hats, belts, handbags, jewellery, pieces of fabric and scarves (these make great capes, turbans, veils and shawls)

Step back and let your child take the lead. Avoid telling your child what they should be or wear. Creating an outfit and a character is part of the fun for your child. Get into the moment with your child by asking if you can play too. Follow their lead. If they want to be a doctor, maybe you can be a patient. Extend the game by asking questions and inventing new scenarios. For example, you're bandaging my broken arm. Will that fix it? Ow! It still hurts. What else can you do? Give your child a mirror so they can see themselves dressed up as a character.



Awarding Winning Nursery School (Play With A Purpose)  
National School of Excellence – 2018, School of Excellence – 2016, 2017, 2019

# Ring Time – Much Repeating

“People often say that practice makes perfect. Research certainly supports this, especially in children. In fact, studies have shown that repetition can be critically important for learning in general.”

**Activity:** Days of the week

**Suggestion:** Recite the days of the week with your child. They need to be able to distinguish today from yesterday. Use a calendar if you have one available to you.



You may ask them questions like:

- What day was it yesterday?
- What day is today?
- What day will it be tomorrow?
- How many days are there in a week?
- Ask what they normally do on each day of the week.

Below is a song to help learn the Days of the Week:  
<https://www.youtube.com/watch?v=oKqAbIcwFOA>

**Activity:** Focus letter of the week — U

**Suggestion:**

- Naming of objects around the house that start with the letter, u, pronounced as “/ʌ/” for **umbrella**.
- Copy the letter **u** in a shallow bed of sand, sugar or flour as per the picture and have your child copy the shape of the letter using their finger.

The template can be accessed through Dropbox, alternatively I can send the link in the WhatsApp group.

Template: <https://www.dropbox.com/preview/focus%20letter%20u%20.pdf>



# Skills Time – Educational Games

“Puzzles are effectual educational materials which support children’s cognitive, language, motor, social and emotional developmental areas while fostering their creativity and selfcare skills as well as providing learning during playing with them.”

**Online Puzzle:** <https://www.onlinejigsawpuzzles.net>

**Steppingstone Skill:** Maths and Numeracy - Sorting

**Activity:** Find objects that go together



**Suggestion:** Look around the house and let your child find objects that go together such as forks and (butter) knives, cups and saucers, hanger and clothes, salt and pepper, shoes and socks, toothbrush and toothpaste, milk and cereal. Mix them up and then let your child try put them in pairs again.

## Gross Motor – Using Your Body

“Research indicates that gross motor skills are a major predictor of a child’s school readiness. They reflect ‘brain skills’...

**Activity:** Bean bags - Hand Eye Coordination

**Suggestion:** Toss bean bag

Your child can try and toss a bean bag into the air and catch it. This allows them to work on catching and throwing.

Let them compete with themselves to see how many they can get in a row or how high they can throw it up and still maintain enough control to catch it again. They could try throw it and clap before they catch it again.

It is great for your child to set goals and try and break their own personal record. This teaches children perseverance and the value of practice.



# Theme Time – Learning About Our World

The theme this week is Ocean Life

**Activity:** Discuss what lives in the ocean

**Suggestion:** Discuss with your child that the ocean is very big and has salty water. Make some salt water, let your child help and even taste a little bit. See if they can name some sea animals. There are many kinds of animals that live in the ocean. Sea turtles and sea snakes are reptiles. Shrimp, crabs and lobsters are crustaceans. Dolphins, whales, seals, sea lions and walrus are all mammals. Just because it swims, and lives under the sea, doesn't automatically mean that it's a fish. Sea animals may breathe air or oxygen that is dissolved in water through specialized organs called gills, or directly through the skin.

See if your child can move into these sea animal poses:



# Art – Learning Through Creativity

“Creative arts not only cultivate children’s imaginations, so that they become more flexible and inventive thinkers, but also help to develop their physical, emotional, and mental capabilities.”

**Activity:** Ocean Discovery Bottle

**Suggestion:** Make an ocean discovery bottle

Items required: Empty plastic bottle, water, blue food colouring, baby oil, sand, small shells, small plastic sea animals and super glue.

Directions:

Step 1 – Put some sand in the bottle.

Step 2 – Make some water blue using one drop of blue food colouring, pour into the bottle halfway.

Step 3 – Fill the bottle with some baby oil.

Step 4 – Add in some small shells and sea animals if you have.

Step 5 - Glue on the lid so it won't open.

Step 6 - Hold the bottle sideways and gently tip to create waves. See how the oil divides out from the water when at rest.



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# Story Time – Learning to Love Books

“... storytelling and story reading were found to produce positive gains in oral language. ... young children who heard the stories told demonstrated improved story comprehension in their retelling, while children in the story reading group improved their language complexity”

## Suggested Children’s Books

Commotion in the Ocean

<https://www.youtube.com/watch?v=9pRhgz8Jffs&feature=youtu.be>

The Lucky Octopus

<https://www.englishclub.com/kids/stories/lucky-octopus.htm>



# Bible Story – Learning to Love God

**Suggested Bible Reading:** Jonah 1:17

Jonah and the Fish

<https://www.youtube.com/watch?v=WOSadLyqshg>

Jonah and the Big Fish

[https://www.dltk-kids.com/bible/cv/jonah\\_and\\_the\\_whale.htm](https://www.dltk-kids.com/bible/cv/jonah_and_the_whale.htm)

# Songs – Learning through Rhythm

## Suggested Children’s Songs

Animals in the Ocean

<https://www.youtube.com/watch?v=6-xqosckJ5c>

Three Little Fishies

<https://www.youtube.com/watch?v=Oyf2TXIJFvY>

